

# Rainbow Cabbage Salad



Makes 12 servings. Each serving has 90 calories, 4.5 g fat, 4 g protein, 10 g carbohydrate, 3 g fiber and 115 mg sodium.



Prep time: 10 minutes

## DIRECTIONS:

### INGREDIENTS:

3 c. coleslaw mix  
 1/2 small head red cabbage  
 1 red bell pepper, diced  
 1 c. carrots, shredded  
 1 c. edamame, shelled  
 1/2 c. almonds, sliced or slivered  
 1/2 c. cilantro, chopped

### Dressing

1/4 c. apple cider vinegar  
 2 Tbsp. honey  
 2 Tbsp. low sodium soy sauce  
 1 Tbsp. peanut butter  
 1 Tbsp. fresh ginger, minced



In a large bowl add coleslaw mix, red cabbage, bell pepper and carrots.



Top with almonds and cilantro.



Toss mixture to combine.



Combine all ingredients for dressing in bowl and stir to combine.



Pour over salad mixture.



Toss to combine.